

# nuvola

## Delivery Menu



DELIVERY COULDN'T BE SIMPLER!

CHOOSE FROM THE MENU THEN EMAIL or CALL US  
[ORDERS@NUVOLA-FOOD.COM](mailto:ORDERS@NUVOLA-FOOD.COM)  
02073889994

# lunch & dinner

delivered between 11:30 am & 7:30 pm

## PASTA

CLASSIC BOLOGNESE British beef, carrots, celery, onions & fresh herbs	5.25/5.95	CREAMY MUSHROOM (V) Chestnut and button mushroom with a light cream fraiche sauce	5.25/5.95
AUTHENTIC CARBONARA Pancetta, crème fraiche, pasteurised egg & parmesan	5.25/5.95	ARRABBIATA (V) Tomatoes sauce with fresh chilly	3.95/4.75
CHICKEN RAGU' Juicy chicken with carrots, celery, onions and Nuvola béchamel.	5.25/5.95		
TUSCAN KALE (V) Kale blended with parmesan, pine nuts, cashew nuts & olive oil	5.25/5.95		

Ask for fresh chilly or parmesan on side. Gluten free pasta (+0.90) Wholemeal (+0.30)

## HOT

MUSHROOM & TRUFFLE MAC & CHEESE (V) Pasta bake with our glorious parmesan sauce, mushroom & truffle oil	5.25	HUNTER'S CHICKEN Juicy morsels of chicken with carrots & potatoes in tomatoes sauce; served with brown rice & salad	3.95/6.55
CHICKEN MAC & CHEESE Pasta bake with our glorious parmesan sauce, chicken ragu' & mozzarella	5.25	MAMA'S MEATBALLS 100% beef hand moulded meatballs in juicy tomatoes sauce	3.95/6.85
BEEF LASAGNA Glorious layers of lasagna with our bolognese sauce, bechamel, parmesan & mozzarella	6.75	WINTER VEGGIE A warming medley of winter vegetables including butternut squash, sweet potatoes, leeks & chickpeas.	3.55/5.50
CHICKEN PARMIGIANA Oven baked chicken Milanese, on a bed of creamy mashed potatoes and topped with tomatoes sauce and mozzarella	6.75		

## SOUPS

TODAY VEGGIE SOUP (V)	3.20/4.20	TODAY MEATY SOUP	3.20/4.20
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Ask for our home-made focaccia for 0.60

## SALADS

PASTA PESTO (V) Penne with home-made pesto, baby spinach, cherry tomatoes, parmesan & pine nuts	4.25	CAPRESE (V) Mozzarella pearls, cherry tomatoes, avocado, & fresh basil	5.25
BARLEY & ROASTED VEG (V) Pearl barley, roasted courgettes, peppers & onions, goat cheese & olives	4.85	CHICKEN PESTO Chicken breast with home-made pesto, cherry tomatoes, roasted peppers, olives, parmesan shaves & avocado	5.45
QUINOA, BEETROOT & AVOCADO (V) White & red quinoa with kale, rocket, beetroot, avocado, sunflower seeds & pomegranate	4.85	MEDITERRANEAN TUNA Tuna, baby potatoes, green beans, cherry tomatoes, boiled eggs	4.95

## SANDWICHES

PROSCIUTTO & MOZZARELLA Parma ham, mozzarella, tomatoes & rocket on sourdough baguette	4.50	TUNA RUSTICO Tuna, Nuvola sun-blushed tomatoes yogurt mayo, Rocket & tomatoes on rye flaguette	4.25
CHICKEN MELT House marinated roasted chicken breast, cheese, roasted onions & lettuce on granary rustic baguette	4.95	CLASSIC HAM & CHEESE Italian ham, cheese & mustard mayo on white Baguette	3.50
CHICKEN MILANESE Oven baked chicken Milanese, cheese, tomatoes & fresh rocket on Italian ciabatta	4.95	CAPRESE (V) Mozzarella, tomatoes & fresh basil on white Baguette	4.00
		BRIE & AVOCADO (V) Brie, avocado, tomatoes & spinach on granary baguette	4.95

# breakfast

delivered between 7:30 am & 11:30 am

## EGGS *two free range, poached or scramble with sourdough toast or muffin*

SALMON ROYALE Scottish smoked salmon & Nuvola Hollandaise	4.99	CREATE YOUR OWN Salmon, sausage +2.00 Avocado, Tomatoes, Mushroom, Bacon +1.20 Spinach, Beans, Ham, goat cheese, sauce +0.80	2.55
BENEDICT Italian ham & Nuvola Hollandaise	3.99		
FLORENTINE (V) Wilted spinach, mushrooms, & Nuvola Hollandaise	3.99		
FULL ITALIAN Bacon, home-made sausage patty, mushrooms, Nuvola saucy beans	5.99		

Extra Egg +0.75 Extra Toast +1.00

## TOASTIES

HAM & CHEESE	3.75	SALMON & EGG MUFFIN Scottish smoked salmon, oven baked egg, fresh spinach & dill sauce	3.95
AVOCADO & GOAT CHEESE	3.95		
BACON TOAST	3.95	BACON & EGG MUFFIN Bacon, oven baked egg, cheese	3.95
BUTTER TOAST With a choice of marmalade, strawberry jam, honey or chocolate spread	1.80	MUSHROOM & EGG MUFFIN (V) Roasted mushrooms, fresh spinach & oven baked egg	3.95
BACON OR SAUSAGE BRIOCHE BUNS	3.95		

## PORRIDGE

ANY TWO TOPPINGS Banana, honey, berries compote, seeds, raisins, chocolate callets, peanut butter	2.25	EXTRA TOPPINGS + 0.35
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Dairy free? Ask for water or soya milk porridge instead – no extra charge

## YOGHURT & FRUIT

GREEK YOGHURT (V) Honey, Mango or Berries	1.39	RED POT (V) Plums, grape & blackberries	2.25
MANGO & PISTACHIO BIRCHER (V)	1.80	GRAPE POT (V)	1.50
MIXED FRUIT POT (V) Seasonal fruit salad	2.50		
PINEAPPLE & KIWI POT (V)	2.25		

Add granola, seeds, chocolate or honey to your yogurt – no extra charge

## JUICES

FRESH ORANGE JUICE	1.95	MANGO SMOOTHIE	2.25
FRESH APPLE JUICE	1.95	KIWI & CUCUMBER SMOOTHIE	2.25

## BAKERY

CROISSANTS Plain, chocolate, whole grain, almond, pain au raisin	1.35	HOME MADE MUFFINS Banana & Chocolate, Chai & Almond	1.50
HOME MADE CAKES Marble, lemon drizzle, orange, apple, carrot	2.50	ITALIAN SWEETS Chocolate or pistachio Cannoli, ginadua aragostine, chocolate barchette	1.00
		HOME MADE BROWNIES	1.95

# platter menu

Ideal for a meeting, a gathering or a party

## **BREAKFAST** delivered between 7:30 am & 10:30 am

<b>HOT BREAKFAST</b> (serves 6) A selection of 6 hot breakfast muffins (salmon, or bacon with egg – substitute for mushroom & egg for vegetarian)	23.00	<b>YOGURTH &amp; FRUIT POTS (V)</b> (12 pots) A selection of winter fruit & walnuts, honey berries & seeds, honey, banana & granola; freshly cut seasonal fruit salad	22.00
<b>DELICIOUS PASTRIES (V)</b> (18 pieces) A selection of freshly baked mini pastries including pan au raisin, pain au chocolate and plain croissants	12.00	<b>CONTINENTAL PLATTER (V)</b> (serves 6 ) A selection of mini pastries, fresh fruit salad, smoked salmon or bacon & egg mayo wholegrain baguettes bites	23.00
<b>SAVOURY MINI CROISSANTS (V)</b> (serves 6) A selection of mini croissants filled with ham & cheese, tomatoes & cheese, chunky egg mayo with crunchy bacon or smoked salmon	20.00	<b>JUICE BOTTLE (V)</b> (serves 4- 1 Lt.) Choose between freshly squeezed orange juice, cloudy apple, kiwi & cucumber or mango& banana	9.00

<b>COFFEE OR TEA POTS (V) (serves 8)</b> 20.00
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Nuvola speciality blend and premium teas

## **LUNCH/DINNER** delivered between 10:30am& 7:00pm

<b>SALAD PLATTER (V)</b> (serves 6) One or two salads from our seasonal menu.	25.00	<b>SHARING DELI PLATTER</b> (serves 6-8) A medley of mini marinated chicken skewers with Nuvola yogurt dip, prosciutto & salame; mozzarella pearls and cherry tomatoes skewers, provola & pecorino bites and crudites with cannellini beans dip; focaccia bites	35.00
<b>BAGUETTES &amp; CIABATTA</b> (18 bites) A selection of Nuvola baguettes & ciabatta in small bites; your choice of meat, fish, vegetarian or a combination	21.00	<b>LUXURY ROLLS PLATTER</b> (18 rolls) A selection of Nuvola home made mini bread rolls. Your choice of meat, vegetarian or a combination	25.00

<b>GLUTEN FREE BREAD AVAILABLE (+ £ 2.00 per head)</b>
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## **SIDES** delivered between 10:30am & 12:00pm & 2:30pm & 7:00pm

<b>SIDE SALAD PLATTER (V)</b> (serves 6-8) Perfect with anything; rocket & parmesan, Italian slaw and mixed garden salad	22.00	<b>CRISPS BOX (V)</b> (serves 6-8) Perfect with anything: a mix of hand-cut crisps with Mediterranean tomatoes dip - individual packs available upon request	10.00
<b>HOME MADE FOCACCIA BITES (v)</b> (serves 6-8) Bites of home-made focaccia- perfect with anything and even as a savoury snack option	10.00		

## **TREATS** available all day

<b>HOME-MADE MUFFINS (V)</b> (serves 6) Our home made muffins: chocolate chips, lemon & almond, berries, or banana choc	10.00	<b>FRESH FRUIT (V)</b> (serves up to 12) A selection of seasonal fruit bites	24.00
<b>COFFEE BREAK BOX (V)</b> (serves 6 – 3 bites each) Home-made brownies, freshly made chocolate chips & oat cookies & cherry & almond bites	18.00	<b>COFFEE OR TEA POTS (V)</b> (serves 8) Nuvola speciality blend and Hanna Sell's teas	20.00
<b>HOMEMADE CAKES (V)</b> (serves 6 – 4 bites each) A selection of Nuvola home made cakes: choose among brownies, lemon drizzle, orange loaf, marble cake, carrot cake; ask in store for special cakes of the week	26.00	<b>ITALIAN SWEETS (V)</b> (serves 6 ) A selection of small Italian sweets- perfect for afternoon meetings. Includes mini white or gianduia tartellette, Sicilian pistachio cannoli, aragostine or Baci di Dama	17.00